



Who We Are

WellSpace Health, a Federally Qualified Health Center, was established in 1953 and was formerly known as “The Effort”.

Currently, WellSpace Health operates eleven Community Health Centers as well as 1 residential treatment center and six satellite program sites.

Services provided throughout the Sacramento Region:

- [Immediate Care](#)
- [Primary Medical Care for all ages](#)
- [Children’s Dental Care](#)
- [Women’s Health and pregnancy related services](#)
- [Inpatient/Outpatient Addiction Treatment](#)
- [Integrated Behavioral Health](#)
- [24 hour Suicide Crisis Line](#)
- [24 hour Parent Support Line](#)

For more information about the services provided at each location, please call 916.737.5555 or visit our website: www.wellspacehealth.org



The WellSpace Health Richard Ikeda Community Health Center at Hiram Johnson High School is the first of its kind in the Sacramento City Unified School District and serves both students and the neighborhood. The Center provides medical care for all ages and pediatric dental exams all provided by WellSpace Health staff.

For appointments and information about all our services please call (916)737-5555.



WellSpace Health
Richard Ikeda Community Health Center at
Hiram Johnson High School
3535 65th Street • Bldg. C
Sacramento • California • 95820

On-Site Coordinator:
Magda Chavez (916) 550-5432
mchavez@wellspacehealth.org

Immediate Care:
916.550.5443

24-Hour Suicide Crisis Line:
916.368.3111 or 800.273.8255

24-Hour Parent Support Line:
888.281.3000



**WellSpace Health
Richard Ikeda
Community Health Center
Hiram Johnson High School**



*This site is dedicated to the memory of
Dr. Richard Ikeda, a long time physician who
devoted his career to the service of
Sacramento’s most vulnerable patients*

Medical Services

Whether you need a physical or care for a chronic condition, our highly qualified and dedicated medical team will help you get better and stay healthy.



Services Currently Provided:

- Primary Care for Kids, Adults & Families
- Physical examinations
- School Required Physicals
- Sports Physicals (seasonal)
- TB Screenings
- On-site Care Coordination/Resource Specialist



Pediatric Dental Services



The WellSpace Health dental team at the Hiram Johnson Community Health Center is comprised of dedicated professionals specially trained in caring for infants, children, and adolescents. Our goal is to offer high quality dental care in a fun and pleasant child/youth friendly environment in order to create a positive experience for your infant, child or teenager.

Services Currently Provided:

- Fluoride treatment
- Sealants
- Cleanings
- Fillings
- Digital X-rays
- Emergency appointments
- Nitrous oxide



Appointments/Eligibility



Many people are uninsured and are not aware that they may be eligible for low- to no-cost health care programs. Our knowledgeable and experienced patient services staff can help you understand and navigate the enrollment process of many health care programs for which you may qualify including, Family PACT, Medi-Cal, Medicare, and more.

If you are a new patient:

Please call 916.737.5555 to schedule an appointment. We are here to help you.

Remember:

- Bring your proof of income and photo I.D. to your appointment.
- We offer medical and pediatric dental care on a sliding scale fee system depending on income if you do not qualify for specific programs or services.

Cash, VISA, MasterCard also accepted

